

SunSmart WA Country Championships

Sunday 5 March 2023 – Trigg Beach



PROGRAM OF EVENTS

TIME				
6:15am	Officials briefing in Trigg SLSC rooms			
6:30am	Team Managers' briefing near SLSWA Tech Van			
6:45am	Marshal 1km and 2km Beach Runs at 6:45am			
7:00am	1km (U10-U13) and 2km (U14 & above) Beach Runs			
7:30am	Marshal all arenas at 7:30am			
	WATER 1	WATER 2	FLAG AREA	SPRINT AREA
	U11 Male then Female Board Rescue U12 Male then Female Board Rescue U13 Male then Female Board Rescue U10 Male then Female Board Race U11 Male then Female Board Race U12 Male then Female Board Race U13 Male then Female Board Race U10 Male then Female Surf Race U11 Male then Female Surf Race U12 Male then Female Surf Race U13 Male then Female Surf Race *Nipper Female Cameron Relay (4 person) U10 Ironman / Ironwoman U11 Ironman / Ironwoman U12 Ironman / Ironwoman U13 Ironman / Ironwoman *Nipper Male Cameron Relay (4 person) * Four age group division. Teams can be made up of Nippers from one age group or a combination of two, three or four age groups.	Open Male then Female Board Relay (2 person) U14 Male then Female Board Race U17 Male then Female Board Relay (2 person) U15 Male then Female Board Race U17 Male then Female Board Race U19 Male then Female Board Race Open Male then Female Board Race U17 Male then Female Surf Race U19 Male then Female Surf Race U14 Male then Female Surf Race U15 Male then Female Surf Race Open Male then Female Surf Race Open Male then Female Double Ski U17 Male then Female Ski Race U19 Male then Female Ski Race Youth Female Board Relay (2 person) Open Mixed Double Ski Youth Male Board Relay (2 person) Open Male then Female Ski Race Youth Female Cameron Relay (2 person) U17 Ironman / Ironwoman U19 Ironman / Ironwoman U14 Ironman / Ironwoman U15 Ironman / Ironwoman Open Ironman / Ironwoman Youth Male Cameron Relay (2 person) Open Mixed Taplin Relay (3 person)	U13 Male then Female Beach Flags U10 Male then Female Beach Flags U11 Male then Female Beach Flags U12 Male then Female Beach Flags Open Male then Female Beach Flags U15 Male then Female Beach Flags U19 Male then Female Beach Flags U14 Male then Female Beach Flags U17 Male then Female Beach Flags	Open Male then Female Beach Sprints U15 Male then Female Beach Sprints U19 Male then Female Beach Sprints U14 Male then Female Beach Sprints U17 Male then Female Beach Sprints U13 Male then Female Beach Sprints U12 Male then Female Beach Sprint U10 Male then Female Beach Sprint U11 Male then Female Beach Sprint *Nipper Male Beach Relay *Nipper Female Beach Relay ^Youth Mixed Beach Relay ^Open Mixed Beach Relay ^Mixed teams must have at least one female competitor in them. * Four age group division. Teams can be made up of Nippers from one age group or a combination of two, three or four age groups.

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Please Note: Competitors and clubs must ensure that their competitors, or a proxy, are present at marshalling for these events. Clubs are encouraged to use a proxy to stand in for a competitor coming from another event. A proxy must step out once the event is on the start line. **Team events will not be held up waiting for competitors to come from another area.**

Competitor award/proficiency requirements: All Nipper competitors entered must have completed a preliminary skills evaluation and those competing in water events must have completed the competition skills evaluation for their age group. It is the club's responsibility to ensure any competitor entering events have the necessary skills and fitness requirements for the event they are entering.

This program of events is to be used as a guide only and may be subject to change by event organisers. Course location, directions and lengths may be altered at the discretion of the event organiser and is determined by the conditions on the day.

Safety Rosters

IRB & WATER SAFETY ROSTER	
1 IRB Driver and Crew both with PFDs	1 IRB Driver and Crew both with PFDs
4 x water safety (min NRC) with tube, orange vest and/or orange cap	
WATER 1	WATER 2
7:30am – 9:45am	
Secret Harbour	Albany
9:45am – 12:00noon	
Busselton	Mandurah
12:00noon - conclusion	
Port Bouvard	City of Bunbury

FIRST AID ROSTER
2 first aiders per time slot (Bronze or First Aid qual)
7:00am – 9:45am
Denmark (1)
Esperance Goldfields (1)
9:45am-11:30am
Smiths Beach (1)
Binningup (1)
11:30am-conclusion
Geraldton (1)
Champion Bay (1)

Entries: \$35 per competitor; irrespective of categories entered. Entries to be completed online at <https://entries.surftec.com.au/> **Entries will close Tuesday 28 February 2023, 11:59pm.** Once entries close for individuals, clubs are responsible for creating teams from those entered. Teams must be entered in the system by Thursday 2 March 2023, 11:59. **Teams that are not full will not be considered and deleted prior to creating draws.**

For Surf Boat competitors, entry fees are \$30 per competitor and entries close Tuesday 7 March, 11.59pm and team composition close Thursday 9 March, 11.59pm.

Further details about this Championship can be found in [Bulletin 05 – 2023 SunSmart WA Country Championships](#)

For more information, please contact: SLSWA's Surf Sports Team on 9207 6666 or surfsports@slswa.com.au

