

Memorandum

Title:	<u>Covid-19: Advice for SLSWA Trainers and Assessors</u>
Date:	18/03/2020
Department:	Training and Education
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Audience:	Club Trainers, Assessors and Facilitators

This advice is for the delivery of First Aid and CPR training in the community.

As the situation regarding COVID-19 is continually evolving this advice will be updated and reissued as required.

We recommend consulting www.health.gov.au for the latest advice, information and resources or contacting the WA Government Coronavirus Health Information Line on 1800 020 080.

COURSE HYGIENE

SLSWA promotes the use of numerous hygiene devices such as gloves, face shields and alcohol wipes. The use of these items should be encouraged to all candidates.

As concerns grow around COVID-19 the demand on these hygiene items has significantly increased. As such please ensure that candidates are conservative in their use whilst not impacting on hygiene requirements e.g. a candidate only being issued one face shield with their name written on it for the duration of the course.

Candidates are advised that if they are undertaking any training that involves resuscitation the following should be considered:

- Training courses that involve the use of manikins should ensure that all disinfection and hygiene are followed at all times including:
 - use disinfected manikin faces
 - use resuscitation hygiene wipes and face shields/masks for each person, along with gloves
 - each person to follow personal hygiene requirements - wash their hands for at least 20 seconds with soap and water or use an alcohol-based sanitiser with at least 60% alcohol before commencing their practical assessment

VENTILATIONS

Ventilation may be simulated during practice if the candidate prefers. For assessment purposes, actual demonstration of ventilation is required. In these cases, all hygiene protocols must be adhered to. For cases where a person does not wish to perform ventilation they may be issued a participation certificate instead of the qualification.

All trainers and course participants must continue to meet the requirements of all courses, refer to the relevant Training and Assessment Guide for each course.

It is currently an assessment requirement in the Bronze Medallion for participants to deliver ventilations to manikins:

- Perform at least two (2) minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations)

This assessment requirement does not change

SOCIAL DISTANCING

The Australian government has provided advice on social distancing, as such SLSWA will be implementing the following measures to comply with this guidance:

- Stay at home if you are sick
- Stop handshaking as a greeting
- Where possible CPR and First Aid training should be held in open spaces or outside
- Promote good hand and sneeze/cough hygiene
- Clean and disinfect high touch surfaces regularly (including mannikins)
- Consider opening windows and adjusting air conditioning for more ventilation
- Reduce time in enclosed room/spaces (use outdoor spaces where possible)
- Max 8 – 10 participants per course (dependant on room size and access to outdoor areas)
- Candidates should be seated 1.5m away from each other and avoid close contact where possible

MANIKIN CLEANING

Sanitation during a course

If several students are using the same manikin face, thorough sanitation between students is required.

The use of manikin wipes:

1. Tear foil packet open.
2. Take out and unfold wipe.
3. Rub manikin's mouth and nose vigorously.
4. Wrap wipe snugly over mouth and nose.
5. Let stay in place for 30 sec.
6. Dry manikin's face with a clean paper towel or similar.
7. Ventilation practice may now continue.

Manikin Face Shields

Proper sanitation of manikin's face provides proper hygienic conditions during training. However, students may feel more comfortable having a clean barrier between their lips and surfaces touched by another person's lips. The Manikin Face Shields are designed to allow inexpensive barrier protection and to train for using Face Shields in real cases. To use Face Shields, see instructions on the package.

It is recommended that all course participants utilise manikin face shields during this time.

Sanitation after class or daily use

Manikin faces and couplings should be disinfected after class or daily use. Face pieces should be thoroughly cleaned with warm water and detergent, rinsed and dried before disinfection with an appropriate disinfectant

Cleaning process: (ANZCOR Guidelines)

- Face pieces should be thoroughly cleaned with warm water and detergent
- Rinse and dry before disinfection with an appropriate disinfectant (chlorhexidine 0.5% w/v in 70% alcohol, sodium hypochlorite [bleach]) Face pieces must be dry before placing in disinfectant to ensure that the disinfecting solution is not diluted.
- Before use it is essential to rinse the face piece or other items with water to rinse off residual disinfectant.
- It is also important to ensure that manikin skins are also wiped with disinfectant or alcohol wipe

For further information refer to manufacturer guidelines

ATTACHMENTS

ANZCOR Guideline 10.3 - Cross Infection Risks and Manikin Disinfection

https://secureservercdn.net/184.168.47.225/777.066.myftpupload.com/download/section_10/guideline-10-3-dec2010.pdf

Social distancing guidance

<https://www.health.gov.au/sites/default/files/documents/2020/03/coronavirus-covid-19-information-on-social-distancing.pdf>