

	Online Learning	Training Room	Beach /Water Session
Pre-Course	<ul style="list-style-type: none"> ➤ Ensure all candidates are financial members of club ➤ Enter Form 14 on SurfGuard to receive course log ins ➤ Distribute course details including passwords 	<ul style="list-style-type: none"> ➤ Conduct a club induction ➤ Conduct a course induction ➤ Distribute training times ➤ Distribute Training Manuals, participant assessment workbooks and other course related materials 	<ul style="list-style-type: none"> ➤ Conduct pre-requisite requirements including 400 timed swim
Week 1	<ul style="list-style-type: none"> ➤ Unit 1 - Follow defined OH&S policies and procedures – (L& A) ➤ Unit 2 – Apply surf survival and self survival skills – (L) ➤ Unit 4 - Communicate in the workplace (L) 	<ul style="list-style-type: none"> ➤ Review online learning & assessments ➤ Unit 1 – Chapter 1 in TM ➤ Unit 2 – Chapter 2 in TM ➤ Unit 4 – Chapter 8 in TM ➤ Demonstrate signals, Club OH&S ➤ Live patient assessments (DRAB) 	<ul style="list-style-type: none"> ➤ Surf Awareness ➤ Signals ➤ Run – Swim –Run ➤ Paddling a board ➤ Wading, dolphin diving, body surfing
Week 2	<ul style="list-style-type: none"> ➤ Unit 2 – Apply surf survival and self survival skills – (A) ➤ Unit 4 - Communicate in the workplace(A) ➤ Unit 3 – Provide emergency care (L) ➤ Unit 6 – Participate in a rescue (L) 	<ul style="list-style-type: none"> ➤ Review online learning & assessments ➤ Unit 3 – Chapter 3,4,6 in TM ➤ Unit 7 – Chapter 10 in TM ➤ Demonstrate DRABCD (incl oxy) ➤ Review signals ➤ Knots 	<ul style="list-style-type: none"> ➤ Run-Swim-Run ➤ Board rescues (Conscious) ➤ Tube Rescues (Conscious) ➤ Releases and escapes ➤ Tows
Week 3	<ul style="list-style-type: none"> ➤ Unit 3 – Provide emergency care (A) ➤ Unit 6 – Participate in a rescue (A) ➤ Unit 5 – Operate communications systems and equipment (L) 	<ul style="list-style-type: none"> ➤ Review online learning & assessments ➤ Unit 3 – Chapter 5,7 in TM ➤ Unit 6 – Chapter 11 in TM ➤ Unit 5 – Chapter 9 in TM ➤ Demonstrate DRABCD (incl oxy) ➤ First Aid ➤ Introduction to Radios and Carries 	<ul style="list-style-type: none"> ➤ Run-Swim-Run ➤ Board rescues (Conscious & Unconscious) ➤ Tube Rescues (Conscious & Unconscious) ➤ Carries ➤ Radios ➤ Review signals
Week 4	<ul style="list-style-type: none"> ➤ Unit 5 – Operate communications systems and equipment (A) 	<ul style="list-style-type: none"> ➤ Mock Assessment ➤ Demonstrate DRABCD (incl oxy) ➤ First Aid ➤ Radios ➤ Carries 	<ul style="list-style-type: none"> ➤ Mock Assessment ➤ Run-Swim-Run ➤ Board rescues (Conscious & Unconscious) ➤ Tube Rescues (Conscious & Unconscious) ➤ Spinal Carries ➤ Releases and escapes
Week 5	<ul style="list-style-type: none"> ➤ Unit 7 - Work in a team (L & A) ➤ Unit 8 – Work effectively in a public safety organisation (L & A) 	<ul style="list-style-type: none"> ➤ Review online Learning & Assessment ➤ Unit 7 – Chapter 12 in TM ➤ Review skills/gaps ➤ Demonstrate DRABCD (incl oxy) ➤ First Aid ➤ Radios ➤ Carries 	<ul style="list-style-type: none"> ➤ Board rescues (Conscious & Unconscious) ➤ Tube Rescues (Conscious & Unconscious) ➤ Carries ➤ Radio ➤ Patrol participation
Week 6	Complete and collate all online assessments	Assessment	Assessment